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StoryLiving

The Project

The project **StoryLiving - Enabling youth with developmental disabilities & mental health disorders to share their COVID-19 experiences through digital storytelling** (Erasmus+ - KA2: Strategic Partnership |Youth) aims at overcoming the challenges that youth with Autism Spectrum Disorder (ASD) and other mental health disorders faced during the pandemic of COVID-19 through the use of **digital storytelling**.

StoryLiving supports digital storytelling as a method for overcoming and process emotions, fears, traumas and isolation and as communication and healing tool.

The project develops guidelines and training material for professionals and organisations working with this target group to support them in adopting digital storytelling in their daily practice.

Objectives

- To help youth with ASD/ mental health disorders cope with the pandemic.
- To **support** youth trainers, educators and social workers and increase their capacity to use storytelling in their work.
- To promote **social inclusion** of youth with ASD/ mental health disorders through storytelling.
- **To raise awareness** about the special issues that people with ASD / mental health disorders face during the pandemic.

Results

- **Training programme** developed for youth workers, educators, and social workers working with youth with developmental disabilities and mental health disorders on the storytelling methodology.
- **Collection of collective stories** among youth with developmental disabilities and mental health disorders by youth workers, educators, and social workers working with them using the learned methodology.
- Development of **the training and hosting platform** with the training programme and the collected stories.
- **Recommendations and Guidelines** on using storytelling as a communication and healing process during and after the pandemic.